

holistic parents of hudson county meetup presents

wear your

baby

the how-to's of baby wearing and why its so important

wednesday, august 13

7pm - 9pm

Learn About:

- * why baby wearing is **better** for your **child's development**
- * **different styles** of baby-wearing and which might work best for you
- * **proper baby wearing technique** and what to avoid
- * why wearing your baby facing **towards you** is **better** than facing out...and more!

Nourishing Wisdom Services
112 Willow Ave, Hoboken



Lead by Rebeca Four

pregnancy + wellness educator,
lactation consultant, certified birth doula

TO RSVP: Visit www.meetup.com and join our group, Holistic Parents of Hudson County

For more information and directions, please contact:

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